



Bellevue Children's Academy

Pre-K: Yearly Specialist Curriculum Map, 2024-2025

	TRIMESTER 1 (Sept. 3 rd – Oct. 25 th)	TRIMESTER 2 (Oct. 28 th – Feb. 21 st)	TRIMESTER 3 (Feb. 24 th – May 30 th)
DRAMA	<ul style="list-style-type: none"> ▪ What is theatre and Drama? ▪ Drama Warm up and Games ▪ Image Theatre ▪ Storytelling and Characters ▪ Ensemble Building ▪ Putting up a play 	<ul style="list-style-type: none"> ▪ Puppet Exploration ▪ Stage Directions ▪ Set Design ▪ Puppet Theatre ▪ Music and Dance Onstage ▪ Musical Performance 	<ul style="list-style-type: none"> ▪ Musical Performance ▪ World Theatre ▪ Improvisation ▪ Play building ▪ Mask Work ▪ Role Play
MUSIC	<ul style="list-style-type: none"> ▪ Music Skills ▪ Healthy Singing ▪ Art of Listening ▪ Call and Response ▪ Hand Percussion ▪ Musical Movements ▪ Music Theory (Rhythm, Dynamics, Tempo, Symbols) 	<ul style="list-style-type: none"> ▪ Music Skills ▪ Art of Listening ▪ Musical Performance ▪ Instruments (Hand bells, Xylophone/metallophone) ▪ Musical Movements ▪ Music Theory (Rhythm, Form) 	<ul style="list-style-type: none"> ▪ Music Skills ▪ Art of Listening ▪ Musical Performance ▪ Instruments (Drums, Xylophone/metallophone) ▪ Musical Movements ▪ Music Theory (Rhythm, Form, Pitch, Intonation)
COMPUTERS	<ul style="list-style-type: none"> ▪ Computer Skills: ▪ Rules & Safety: How to use computers. ▪ Parts of the computer and their functions. ▪ Basic computer navigation ▪ Keyboard/mouse functions ▪ Introduction to typing ▪ Difference between “Hovering” and “Clicking” ▪ Left click and right click on mouse 	<ul style="list-style-type: none"> ▪ Computer Skills: ▪ Use keyboard to input letters in lower case and upper case ▪ Use “special keys” like Enter, Shift, CTRL, and the space bar ▪ How to use arrow keys to move around the screen ▪ Single click and double click 	<ul style="list-style-type: none"> ▪ Computer Skills: ▪ Keyboarding ▪ Home row keys lessons ▪ Paint
ART	<ul style="list-style-type: none"> ▪ Introduction to Art. ▪ Exploration of materials ▪ Focus on the fine motor skills through activities like cutting paper, coloring inside the bubble letter of their names. ▪ Fall related activities. ▪ Activities related to the different festivals like -Halloween, Diwali, thanksgiving, and Christmas. 	<ul style="list-style-type: none"> ▪ Introduction -Artist of the week. ▪ Elements of the art like -shapes, lines, cutting different kind of shapes. Making crafts with that. ▪ Making new year head band. ▪ Making craft related to Chinese New Year. ▪ Storytelling Through art. ▪ Read a storybook to them. 	<ul style="list-style-type: none"> ▪ Art related to Nature. ▪ Exploring about Seasons ▪ Making marble art. ▪ Finger art for all the seasons. ▪ Bee Painting ▪ Umbrella Art.



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PHYSICAL EDUCATION (PE)	<ul style="list-style-type: none"> ▪ <i>Making Self-Portrait.</i> ▪ Skill Development and Coordination: Motor Skill Stations: Hopping, skipping, jumping, and balancing activities. Ball Skills: Dribbling, passing, shooting, focusing on aiming and control. Dance and Rhythm: Following dance routines and rhythmic patterns. ▪ Yoga Basics and Coordination: Pose Practice: "Warrior I," "Warrior II," "Mountain Pose" with fun names and visuals. Yoga Sequences: Simple sequences like "Sun Salutation" adapted for children. 	<ul style="list-style-type: none"> ▪ Structured Games and Physical Challenges: Relay Races: Developing speed, teamwork, and turn-taking. Parachute Games: "Mushroom" and "Cat and Mouse" for coordination and cooperation. Obstacle Courses: More complex courses involving climbing, jumping, and balancing. ▪ Yoga and Mindfulness: Mindful Movement: Slow, deliberate poses with guided imagery for relaxation. Focus Games: Holding poses while balancing soft objects to enhance focus. Breathing Techniques: "Bubble Breaths" to develop breathing control. 	<ul style="list-style-type: none"> ▪ Introduction to Sports Concepts and Fun Fitness Activities: Mini-Sports: Simplified versions of soccer, basketball, and other sports. Teamwork Games: Games like "group tag," "Duck, Duck, Goose," and "Freeze Dance" for social interaction. Skill Challenges: Throwing, catching, and kicking activities to improve precision and accuracy. ▪ Yoga for Social Skills: Group Poses: "Partner Tree Pose" and "Double Boat Pose" for cooperation. Yoga Relays: Performing yoga poses at different stations in relay races. Story Yoga: Acting out stories using yoga poses in sequence.
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